

Introduction:

Nepal is a developing country in globe with multitude problems hindering development and increasing burden to the people. There are different issue and concerns in Nepal which hindering human development as a result people of all age groups suffering from different aspects.

So, to address holistic aspect of development in people of country, “**Help for Change**”, a non-profit organization is established in 2015. We established this organization to help all categories of people of all ages (children, adult, elderly) here through eliminating the factors that causing the detrimental impact on people as well as through building an environment that support on creation of holistic development with healthy society.

Help for change contributes in different aspects like medical support and care, social security, socio-economic support, Information, education and communication. HFC have emergency support in earthquake in phasic manner; first phase of emergency relief and support, second phase of medical care, third phase of sanitation and disease prevention and fourth phase of reconstruction and fifth phase of creating socio-economic independency. HFC conduct different project in coordination and collaboration with supporting agencies with common goal sharing plan, resources and activities.

We believe in faith to help others as responsible being.

Vision:

Safe, Secure and Healthy society

Goal:

To provide holistic care (promotive, preventive, curative and rehabilitative) to the deprived, dependent, discriminated and

marginalized people of the country and integrate them in the society with self-esteem and dignity

Objectives:

1. To identify the magnitude and impact of physical, mental and social problems in the society.
2. To formulate and implement the specific physical, mental and social activities to address the identified problems at target areas for the targeted group of people.
3. To collaborate and coordinate with stakeholders sharing common goal
4. To collaborate and coordinate with government to fulfill the goal
5. To disseminate the important issues and problems identified to general population and government to open eyes for the action

Activities:

- To bring Physical change



❖ Distribution of basic needs,



❖ Reconstruction of shelters





Working units:

Health unit:

This unit focused to provide preventive, curative, promotive and rehabilitation services to the people. It addresses people suffering from communicable and non communicable diseases and helps them to get better medical care. It helps people to adopt healthy behavior through awareness program.

IEC unit:

This unit focused to know about prevailing knowledge of people in relation to health for all and help to change their attitude and behavior by information, education, communication and trainings.

Social unit:

This unit focused to bring social change to support the society for the quality outcome that help the people to survive in comfortable environment.



Help for Change

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Help For Change



➤ To bring Mental change

- ❖ Bio-psychosocial support to target group
- ❖ Creation/development of age friendly environment at targeted area for target group

➤ To bring Social Change

- ❖ Promotion of social integration for all group of people with development of social participation
- ❖ Development of traditional bond supportive social family.
- ❖ Prevention of social disintegration that indulge social problem.
- ❖ Development of linkages and referral to support affected people.
- ❖ Awareness and Advocacy on health for all
- ❖ Awareness about health related events